

RESUME



Name: Dr. S. ATHISAYARAJ
Designation: Assistant Professor
Department: Physical Education
Address: No.1/352 church street, Vengalapottal,
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PERSONAL DETAILS

Date of Birth : 05.05.1987
Qualification : M.A., B.Ed., M.Phil., (Tam.), M.P.Ed., Ph.D. (Phy. Edu.).
Designation : Assistant Professor
Department : Physical Education
Community : B.C.
Religion : Christian
Nationality : Indian
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ACADEMIC QUALIFICATIONS

Degree	Specialization	College	University	Year of Passing
B.A.	Economics	St.Xavier's College Palayamkottai	M.S.University	2008
M.A.	Tamil	St.Xavier's College Palayamkottai	M.S.University	2010
B.Ed.	Tamil	St. Joseph College of Education, Tirunelveli	TNTEU	2015
M.Phil.	Tamil	St.Xavier's College Palayamkottai	M.S.University	2011
B.P.Ed.	Phy. Edu.	Christian college of Physical Education Nagercoil	TN Phy. Edu.& Sports Uni.	2012
M.P.Ed.	Phy. Edu.	M.S.University	M.S.University	2014
Ph.D.	Phy. Edu.	M.S.University	M.S.University	2021

ACADEMIC IDENTITY

*VIDWAN ID	https://vidwan.inflibnet.ac.in//profile/348234
*ORCID ID	
*SCOPUS ID	
*RESEARCHER ID/ PUBLONS ID	
GOOGLE SCHOLAR LINK	

TEACHING EXPERIENCE

Date of Appointment	15.10.2022
Date of Retirement	
Teaching Experience	UG 2 years
	PG
	M.Phil.
Research	Guided M Phil: Guided Ph D: Guiding Ph Scholar:

COURSES/CLASSES TAUGHT	NAME OF THE INSTITUTIONS	DURATION		
		From	To	Years
B.Ed.	St.Joseph College of Education, Tirunelveli	2014	2015	1
B.Sc. Physical Education	Kamaraj College, Tuticorin	2021	2022	1

AWARDS RECEIVED	
1.	Award of Excellence for the Promotion of Rural Sports Development
2.	Paventhar Parathidhasan Award (March 2020)
3.	Mother Theresa International award (Nov 2020)
4.	E.v.ra. periyar International award (June 2021)
5.	Best Achiever Award (May 2022)
6.	International Yoga Achievers Award (September 2022)

ORIENTATION / REFRESHER COURSES / FACULTY DEVELOPMENT PROGRAMME UNDERGONE ()

S. No	Name of the Training	Name of the Sponsoring Agency	Place and Date
1	Orientation Course	SDAT	Tirunelveli 29-08-2017 to 31-08-2017
2	Faculty Development Program	Jain college	Chennai 04-01-2023 to 10-01-2023
3			

DETAILS OF RESEARCH WORK

Research Stages	Title of the Thesis	University where the work was carried out
Ph.D.	INFLUENCE OF HEIGHT AND WEIGHT ON SELECTED FUNDAMENTAL MOVEMENT SKILLS, PHYSICAL AND PSYCHOLOGICAL VARIABLES AMONG RURAL CHILDREN.	M.S.University, Tirunelveli

AREAS OF RESEARCH

Sports Psychology

PUBLICATIONS				
BOOKS	BOOK CHAPTERS	SCOPUS	WEB OF SCIENCE	UGC LISTED
OTHER INDEXED	AS A RESOURCE PERSON	PAPERS PRESENTED IN NATIONAL AND INTERNATIONAL SEMINARS	WEBINARS, SEMINARS, WORKSHOPS ATTENDED	
	1	16	34	10

PUBLICATIONS: OTHER INDEXED JOURNALS (10)			
S. No	Title of the Paper	Name of the Journal	ISSN No., Volume, Issue, Impact factor &Pg.No
1.	Comparison of Mood States Between Handball and Volleyball Players	International journal of Physiology, Nutrition and Physical Education	2456-0057 5.43
2.	Comparative study on Static and Dynamic balance among Volleyball, Football and Hockey players	Outreach	2321-8835 7.011
3	Influence of height and weight on selected Fundamental Movement Skill Psychology variables among Rural School children	Journal of Emerging Technologies and innovative research	2349-5162
4	Influence of height and weight on selected Fundamental Movement Skill among Rural School children	Journal of Emerging Technologies and innovative research	2349-5162
5	Effect of bhastrika pranayama practices on breath holding time among university hostel students	International Journal of Yogic, Human Movement and sports sciences	2456-4419
6	Analysis of self concept and achievement motivation between libero and setter in volleyball players	International Journal of Advance Research and Innovative ideas in Education	2395-4396
7	Analyse the Height and Weight on selected Fundamental Movement skill and Self – Esteem among Rural school Children	International Journal of Recent Research and Applied Studies	2349-4891
8	Ikkala illakiyathil penkalin vilayatukkal	Kalanthoorum tamil illakiyathil pengal	2454- 3993
9	Kee.raa.vin Kiramiya siruvar vilayatukkal-oru parvai	Kee.raa.vin padaippukkal-Panmugapparvai	2454-3993
10	Ikkala penkalin vilayatam vilayatin mukkiyathuvamum	Tamil illakiyangalil penniya kattamaippum kattudaippum	2581-7140

AS A RESOURCE PERSON (1)

S. No	Name of the Event	Name of the Sponsoring Agency	Place and Date
1	Innovative Trends in Teacher Education for the 21 st Century	Immanuel Arasar college of Education	Marthandam, 22 nd March 2019

WEBMINARS/SEMINARS/ CONFERENCES / SYMPOSIA / WORKSHOP PAPER PRESENTED: National (7) International (9)

S. No	Name of the Event	Name of the Sponsoring Agency	Place and Date
1	Sanga illakiyamum Samuga karuthiyalum	St.Xavier's college	Palayamkottai 11/3/2013
2	Tamil illakiyangalil kalakkurugal	St.Xavier's college	Palayamkottai 27/02/2017
3	Modern Trends in Physical Education and sports	M.S.U Constituent college	Kadayanallur 23/02/2018
4	Modern Perspectives of sports	Ganesar college	Pudukkottai 03/03/2018
5	Structure and Status of Teacher Education	St.John's college of Education	Veeravanallur 24/03/2018
6	Integrated Holistic Approach Towards Physical and Mental Health	Govt. Arts College	Paramakudi 27/07/2018
7	Life Span Motor Development	M.S.University	Tirunelveli 08/02/2020

INTERNATIONAL CONFERENCES

1	CB-TALE'18	Immanuel Arasar College	Marthandam 08&09/03/2018
2	Sports vision and Mission for Grooming Athletes and PARA Athletes for Olympics-2020	Alagappa University.	Karaikudi 16&17/03/2018
3	Historical Background and Cultural Aspects in Tamilliterature	Krishnammal Women College	Chennai 29&20/01/2019
4	Innovative Trends in Teacher Education for the 21 st Century	Immanuel Arasar College	Marthandam 21&22/03/2019
5	Ke.ra.vin Padaippugal	Govt. Arts and science College	Kovilpatti 10/04/2019
6	IASI Digisports con 2019	Digi Sports	Kanniyakumari 2&3/08/2019
7	Yoga, Meditation and Sports for peace and prosperity-2019	Alagappa University	Karaikudi 17&18/10/2019
8	Tamil illakkana illakiyangalil paldurai aavuvu	World Tamil studies	Chennai 07/03/2020
9	Modern Trends in Sports Performance	Alagappa University College	Karaikudi 15&16/03/2023

**WEBMINARS/SEMINARS/ CONFERENCES / SYMPOSIA / WORKSHOP
ATTENDED: (34)**

S. No	Name of the Event	Name of the Sponsoring Agency	Place and Date
1	Tamilum Anugumuraium	St.Xavier's College	Palayamkottai 10/12/2005
2	Tamilavan padippulagam	St.Xavier's College	Palayamkottai 23&24/07/2009
3	Tamil illakiyangalum suttusoolaum	St.Xavier's College	Palayamkottai 22&23/10/2009
4	Tamilnattu tholiyal Aaivukal	Semmoli Tamilaivu	Tirunelveli 22,23,24/01/2010
5	Sports Commerce and Marketing	M.S.University	Tirunelveli 20/12/2013
6	Oral Hygiene and Maxillofacial care	Rani Anna Govt College	Tirunelveli 31/01/2014
7	Social Mobility and Education among Nomadic groups	M.S.University	Tirunelveli 1&2/09/2016
8	Principles of Techniques and Tactics in Hockey	M.S.University	Tirunelveli 23/09/2016
9	Applied Sports Psychology	M.S.University	Tirunelveli 03/10/2016
10	Principles of Coaching and Training in Athletics	M.S.University	Tirunelveli 07/10/2016
11	SPSS	The M.D.T.Hindu College	Tirunelveli 04,05,06/01/2017
12	Role of Yoga on Holistic Health	Sri Sarada College	Tirunelveli 23/01/2017
13	Physical Education and Sports	M.S.University	Tirunelveli 16,17/03/2017
14	Safeguarding Intellectual Property Rights & Commercialization of Patents	M.S.University	Tirunelveli 22,23/03/2017
15	Paradigms of Research in Educational Development via ICT	M.S.University	Tirunelveli 27,28/03/2017
16	Principles of techniques and Tactics in Kho-Kho	M.S.University	Tirunelveli 11,12/09/2017
17	Testing & Evaluation and Writing in Tamil	St.Xavier's College	Palayamkottai 05-09/06/2017
18	Techniques and Tactics in Taekwondo	M.S.University	Tirunelveli 08/04/2017
19	Rules and Officiating in Athletics	M.S.University	Tirunelveli 26,27/09/2017

20	Electronic Resources for Effective Learning, Teaching and Research	M.S.University	Tirunelveli 09/12/2017
21	Lemuria Continent	M.S.University	Tirunelveli 21/12/2017
22	Sports Injuries	ANJAC	Sivakasi 26,27/12/2017
23	Recent Trends in food biotechnology and exploration of the opportunities to feed the World	M.S.University	Tirunelveli 10/01/2018
24	Principles of Techniques and Tactics in Netball	M.S.University	Tirunelveli 28/09/2018
25	Yoga Conference	Tamilnadu Yogasana Association	Tirunelveli 14/10/2018
26	Research Methodology &SPSS in Social Science	M.S.University	Tirunelveli 12-18/11/2018
27	MOOCs through SWAYAM	M.S.University	Tirunelveli 19/11/2018
28	Impact Factor Publications, Citation Analysis, Plagiarism, Copyright	M.S.University	Tirunelveli 07,08/12/2018
29	System Base Technical Training, Talent Identification and sports Ethical values	M.S.University	Tirunelveli 10/12/2018
30	Applied Research Methodology in Education/ Physical Education	M.S.University	Tirunelveli 06-12/02/2019
31	e –Content Development	The Gandhigram University	Gandhigram 25feb -01/03/2019
32	Video Analysis and Injury Prevention in Athletics	M.S.University	Tirunelveli 07/03/2019
33	Modern Ethics in Research Methodology	The M.D.T.Hindu College	Tirunelveli 12/02/2020
34	Futuristic of Physical Education in New Education policy	M.S.University	Tirunelveli 06/03/2020

COUNTRIES VISITED			
MALAYSIA	KUALA LUMPUR	29 th SEA GAMES	2017

EXTRA-CURRICULAR ACTIVITIES/ CO-CURRICULAR ACTIVITIES ATTENDED(NCC/NSS/YRC/SPORTS/LITERARY AND CULTURAL ACTIVITIES)
NSS
Competition organizer
Volunteer Service
Organizing secretary

Date: 17.04.2023

Name: Dr. S. Athisayaraj